

# IGNITE SPORT TRUST IMPACT REPORT January – December 2024



## OUR VISION

Young people inspired and communities impacted.

### **OUR MISSION**

Supporting all people to reach their full potential and succeed in life, education and sport.

Encouraging all young people to consider their character, values and hauora.

Creating opportunities for people to make a difference in their community.

Collaborating with our wider community in order to achieve more together.



## **CEO's Report**

I often wish you could be here to experience the shrieks of laughter, the excitement over activities and team challenges and then finally the stillness, focus and pondering as young people engage in workshops and discussions talking about real life issues and their challenges. We are well and truly planted in our new facilities here at Bell Park where our workers can meet to plan and dream, and the young people can feel safe and at home.

The dedication, commitment and work of our team astounds me as they walk alongside, champion and empower the 1800+ young people who take part in our programmes. Young people need mentors and positive role models to journey with, particularly as they navigate a world which is quite different to when many of us were young. For some, they face an uncertain future and this is the time, more than ever, to invest in young lives and support them to dream and set a straighter path for their future.

The investment of many community supporters and friends has enabled us to renovate a facility that not only serves the purpose of our work but is now also utilized by the wider community. The Ignite Sport Centre has been a game changer for us and having this building project complete allows us to focus on the very reason we exist - changing lives for good. 2025 will bring new challenges for our organisation. We have welcomed new people to the team including two new Trustees. We will continue to develop our systems and a leadership team and model that I know will serve us well into the future.

Funding continues to be at the forefront of our minds as we all navigate the current financial climate. Funding for charities is down as trusts receive more applications from the sector but have less money to give. We do have a sound financial donor base which is the backbone of Ignite Sport, however, we do face the challenge to further grow this giving to keep up with the increased opportunities and demand for our services.

We are grateful to all those who believe in the work we do and choose to invest with us. We also honour those who choose to take an interest in all we do and shout out from the side-lines.

Finally, we honour our young people – Thank you for allowing us into your world, to sit with you and be part of your journey.

Kevin Goldsbury Ignite Sport CEO



### Youth Development Programmes Intermediates

Our Intermediate programme shares the message that 'before you are a leader, it is about growing yourself and when you become a leader it is about growing others'. Our programme aims to help students enhance their character, to connect with their peers and to become encouraging leaders both in and outside of school. The programme encourages inclusivity, teamwork and recreation while teaching life skills that enable students to take on life and to be better equipped to make positive choices.

Life skills components include: identifying gifts/talents, self-worth, building confidence and resilience, supporting others, setting goals, identity – who I am, values, effective communication, and an introduction to leadership and different styles.

An investment into early years is critical if students are to get the very best start in life and ultimately reach their full potential in later years. This is why we deliver the Intermediate programmes.

### Highlights of 2024:

- It has been rewarding to see the confidence of young people develop and how it has grown as they developed skills and step into new opportunities and experiences.
- Young people's willingness to engage with their own story by sharing who they are.
- How genuine young people are about wanting to be involved on our programmes.
- The opportunity for young people to have a safe space to step out of their comfort zones and connect with the lgnite team and their friends.

#### PARTICIPATING SCHOOLS:

Avalon Intermediate, Maidstone Intermediate and Maungaraki School



### Looking Ahead:

- The new look of Leadership programmes at Maidstone Intermediate with two groups being delivered.
- Seeing some of these young people in our programmes with Taita College, Naenae College, Heretaunga College and HVHS.
- Continuing the journey with our year sevens from 2024 and welcoming new young people to our leadership programme at Avalon Intermediate.

"Ignite has changed me by helping me give everything a go and don't hold back and to go out of your comfort zone and by helping us with our confidence and leadership roles. They also make everyone feel happy and comfortable." Intermediate young person



### Youth Development Programmes High Schools

We believe early intervention and teaching of important life-skills builds resilience, develops well-being and helps young people make positive decisions for their future. Our programmes assist young people to realise their full potential in education, sport and their wider lives. This is achieved through mentoring and practical learning experiences used alongside learning workshops to help engage, motivate and inspire. Programmes encourage development of character. life-skills, personal values and leadership in school, sport and community. The programmes move from Year 9 (life-skills and transition to college) to Year 13 (senior leadership, mentoring and service to school and community). Programmes incorporate a wide range of workshops, recreational opportunities, adventure-based learning experiences and teambuilding to reinforce this learning and gives critical life skills and tools to young people at a crucial time in their life.

### Highlights of 2024:

- The Tongariro Alpine Crossing is always a massive highlight for the Ignite team & the Year 11 young people that participate. This trip helps create life changing experiences, team bonding and the building of a positive environment for each group.
- The Year 12 young people loved planning and delivering a programme for the students at their local Intermediates. These days have been a big success with the Year 12's developing their leadership skills, learning a lot, inspiring the Intermediate students and having fun doing it.
- It has been awesome to see many Ignite young people be selected for leadership roles in 2025. A number have also received scholarships. It's been great to see the hard work they put in being rewarded.

#### PARTICIPATING SCHOOLS:

Heretaunga College, Hutt Valley High School, Naenae College, Porirua College, Taita College, Titiro Whakamua – the Hutt Valley Teen Parent School, Wainuiomata High School



### Looking Ahead:

- The team is excited to build on the awesome vibes we have had in our Year 10 Ontrack programme. The young people are excited about Ignite and keen to continue learning how to be a better leader & person.
- Finding new activities & experiences to help enhance the workshops and programmes Ignite Sport delivers.
- Continuing the engagement with young people through the annual Sports camp at Totara Springs.

"This programme has taught me to love myself and everyone around me. When I first came into this programme I was in a dark place and this programme has helped me grow into my true self. I'm now much more outgoing and honest with myself. I feel prepared to be a leader. My favourite part was the Tongariro Crossing. I felt like I got to know everyone including myself so much better. "Young woman from Taita College



# Wellbeing Outcomes of Ignite Sport Rangatahi

(Data gathered from Ministry of Youth Development Participant Feedback Survey)

73%	of young people made new friends
89%	feel more confident about themselves and what they can achieve
86%	have developed and strengthened their skills
77%	feel that their voice is heard
69%	are looking forward to opportunities in the future
<b>59%</b>	feel they can cope when things go wrong or not to plan

"If young people have hope for the future our collective future is hopeful. If they know how to lean on their dreams, our collective dreams reach new heights. If they learn how to try new things, be uncomfortable in new environments, we as a collective have better resilience. If our young people have a strong sense of hauora our collective hauora is strong."



## Oho Ake

This is a specialised youth development programme for young people who are identifying as disengaging from school, their whānau, their personal wellbeing and/or their community. Many of these rangatahi are lacking in positive role models, therefore one of the key components of Oho Ake is the ongoing mentoring of these students by the Ignite Sport youth development workers. Providing new sports and activities encourages these young people to try new things, often out of their comfort zone, and to achieve success, gain confidence and to keep going even when things get hard.

### Highlights of 2024:

- Watching our young people on Oho Ake grow together, seeing them be more confident in themselves, learning more about who they are and the people they want to be.
- Mentoring has been making a huge difference in the wellbeing of the young women in our Oho Ake programmes. These wahine have come so far in confidence as they have learnt more about themselves and the others around them.
- HVHS Celebration Day Having all the groups together and honouring each other's hard mahi to reach the end of the year and for some, finishing their schooling.

### Looking Ahead:

- Looking forward to starting a new Year 10 Oho Ake group at Naenae College.
- Watch our students that are studying at Praxis thrive in our team and on the Oho Ake programmes.
- Continuing the journey with our already established Oho Ake groups at both Intermediates and Colleges and to see them set up an encouraging culture in our Oho Ake whānau.



### PARTICIPATING SCHOOLS:

Avalon Intermediate, Hutt Valley High School, Maidstone Intermediate and Naenae College

"I have learnt to know kindness, friendship and hope. I have learnt to keep going to school more and find new things to do and to know. Writing a letter to myself as a big reminder that I'm awesome, great and kind to others." **Oho Ake rangatahi** 

"I learnt how to communicate better with new people and my friends. I also gained a lot of confidence from Oho Ake and new relationships. It's helped me a lot with school and keeping me motivated. The Oho Ake leaders taught me to be kind to everyone and to be humble. I thank you guys for everything you have done and helped me with."

Oho Ake rangatahi



### Empower

This programme is designed specifically for students connected with school supported learning centres. It utilises the International Duke of Edinburgh's Award as its core component in inspiring students to challenge themselves, develop confidence and set goals they might not have thought possible before. Our staff journey alongside the students, facilitating opportunities for them to take part in activities for their Award, tailored to their abilities.

The Award is wrapped around 4 main sections; Service, Skill, Physical Recreation and the Adventurous Journey, giving students the chance to participate and develop their abilities in a wide range of activities, whilst having new experiences and meeting new people.

#### Highlights of 2024:

- The Bronze students coming together as a group supporting and encouraging each other, even during the pressure of the overnight trips when they are tired and stressed.
- Being able to challenge the Silver students with bigger walks and hill climbs because of how their fitness, confidence and interest has increased.
- Seeing the students from both groups being involved in the community with their service section, connecting with various people from outside groups and representing themselves, their school and Ignite really well.
- After four years of being part of the Empower programme, two young people completed their Gold level. We are looking forward to celebrating with them at the award ceremony next year.

### Looking Ahead:

- Starting a new Bronze group at Heretaunga College in 2025.
- Bronze 2024 progressing to Silver, with the idea to have the students involved in a mentor role for the new Bronze students.



"Our son has always felt on the outer edge socially throughout his schooling journey and finds it difficult to connect and engage with his peers. I have seen so much change in his attitude towards group activities and his willingness to give things a go. For the first time, he has really been able to prove to himself what he is capable of, pushing himself out of his comfort zone and realising that it's not too hard or scary to allow people into his bubble. The support and encouragement he has received from everyone involved in the programme truly means so much to us a family."

Parent of young person



### **Fusion**

Fusion supports former refugee and migrant young people in their school communities through youth development and mentoring programmes. These provide recreational activities, life-skills, leadership development, encouragement of personal and social skills and an introduction to local community activities and opportunities. It promotes a sense of connection, belonging and participation among young people new to New Zealand.

These programmes engage with young people from Naenae College and Hutt Valley High School.

### Highlights of 2024:

- The regular high attendance and engagement of the young people on both Fusion programmes at Naenae College and HVHS.
- Being able to see the growth of these young people and how they have taken on the learnings from during the year has been encouraging.
- Fusion Club at HVHS Being able to connect with Fusion young people every week, building those relationships and introducing Fusion to new students who have joined the programme over the year.
- Seeing how much the young people valued being a part of the Fusion community and how important the building of this community is.

### Looking Ahead:

- Continued growth of Fusion Club HVHS with the new and current young people attending.
- In 2025 we will be looking into the theme of how we can be the best versions of ourselves with different messages, workshops and activities.



#### **ETHNICITIES INCLUDED:**

Afghan, Bhutanese, Burmese, Chinese, Colombian, Eritrean, Filipino, Indian, Libyan, Karen, Palestinian, Rohingya, Somali, South African, Sri Lankan, Syrian, Ukrainian and Vietnamese.

"I have learnt two things from this programme. First one is believe in yourself. Second thing is how to get out of your comfort zone. This information has inspired me and made me a better person" Naenae Fusion young man

"It made me confident in myself because most of the time it's hard for me to interact with other people but this programme helped me. I loved the people that are working with us." **HVHS Fusion young woman** 



"The collaboration with Ignite has been transformative for our school. Their expertise and dedication have not only supported our students' growth but have also strengthened our school's capacity to nurture and develop future leaders and provide meaningful support to those most in need. Sustaining and expanding these critical programmes is crucial for us to continue the positive momentum that Ignite has helped us achieve.

We wholeheartedly endorse Ignite and their initiatives, confident that their continued involvement will bring further benefits to our school community."

Ignite

Jessica Byrne, Deputy Principal, Avalon Intermediate

## Sports Camp

In December, Ignite Sport Youth Development workers had the privilege of taking a group of young people from Heretaunga, Taita, Porirua and Naenae Colleges and Wainuiomata High School to the Totara Springs Sports Camp in Matamata.

During the weekend, the young people had the opportunity to play a wide range of sports, create new friendships, continue to be mentored by the Ignite Sport team and be impacted by the messages shared. This was a significant time for these young people especially being senior students with many crucial life choices being made. The group were able to travel up a day early then stay for an extra night after camp and travel back on the Monday. This provided the opportunity for continued conversations and debriefing from the weekend.

This camp continues to be a significant event in many of the young people's lives who journey with Ignite Sport, and it has become a key event in the Ignite Sport vision.



"I enjoyed meeting a lot of different people who I did not know before hand and just having a comfortable and supportive space where I could be myself and enjoy what I like to do most (sports). Sports camp helped me grow both physically and mentally - teaching me the importance of teamwork, perseverance and pushing past my limits. It provided a space where I could challenge myself, build lasting friendships and gain confidence in my abilities, all of which have shaped who I am today."

Young person who attended Sports Camp







"This programme has taught me so much like resilience, to never give up and your influence on others. I will carry these with me for the rest of my life. Being in a positive environment has helped me a lot with my mental and physical health. It has taught me self-love." Naenae College young person

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### Ignite Sport Centre and Bell Park Re-development

We have now been in our building for two years. We really could not ask for a better space to serve the work we do with young people. The facility and artificial courts when not used by Ignite Sport are also being well utilised by other community groups, families, young people and other members of the wider public.

Phase two of the Bell Park re-development has now also been completed by Hutt City Council Parks and Reserves team. This has included the provision of a walking/running track, exercise stations, seats and picnic tables, planting and trees. "If you build it he (they) will come" is a quote from the movie Field of Dreams. We can now apply this to Bell Park as we look out from our office windows to see many from the neighbourhood walking and exercising, young people enjoying basketball and other sports, and families spending time together on bikes and scooters.

We were fortunate to receive some additional funding that has enabled Ignite Sport to purchase three large picnic tables and umbrellas for sun protection. Positioning these tables close to the Ignite Sport Centre has enabled them to be regularly used by young people for eating their kai, card games at lunchtime breaks, small group activities and supporting their friends playing sports on the courts.

Please feel free to drop in. We would love to show you around. Also know that the Ignite Sport Centre and courts are available for hire.







### Thanks to Our Supporters & **Funders**

Ignite Sport Trust is a Charitable Trust and relies on the generous support of our donors, funders and partners.

and funders that enables the Ignite Sport team to make a difference in the lives of the young people in the Wellington Region.



**Tai Shan Foundation Vavasour Charitable Trust Ann Sinclair Charitable Trust**  Winton and Margaret Bear Charitable Trust **Longview Trust** 

Heretaunga Bookfest Charitable Trust

**Rehabilitation Welfare Trust Kaibosh Food Rescue Petone Fruit and Vegetable Co-op** 

ment Forum

**RED CROSS** 

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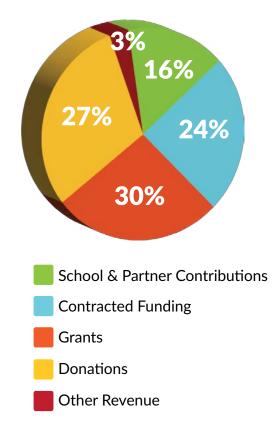
# **Financial Summary**

This simplified statement of accounts covers the financial year ending 31 December 2024

### **Summary Statement of Financial Performance**

Income	2024	2023
Donations, fundraising and other similar revenue.	220,573	281,020
Revenue from providing goods and services.	549,522	739,593
Other revenue.	19,373	7,641
TOTAL INCOME	789,468	1,028,254
Expenses		
Volunteer and employee related costs.	636,239	642,333
Costs related to providing goods and services.	168,390	229,079
Other Expenses (includes depreciation)	99,572	111,507
TOTAL EXPENSES	904,201	1,000,251
Surplus/(Deficit) after Depreciation	(114,733)	28,003

### 2024 Income Sources (TOTAL \$789,468)



### HELP US MAKE A DIFFERENCE?

Would you please consider supporting the work of Ignite Sport either regularly or as a one-off donation. It is when we choose to invest together that we create the greatest opportunity to make a significant and lasting difference.

Bank account details: 12-3142-0276022-00 Please add your name as a Reference All donations are tax deductible (CC20406)

Please email: info@ignitesport.org.nz with your contact details to enable us to forward your Tax Receipt.

### **Contact Details**

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